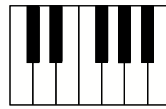




SCORE

C. Schafer
Sight Reading Exercises
Book 1, Op. 45

Open Score →



PRACTICE

Work through five
pages in the book



When practicing sound texture, don't return to the same exercise numbers you used in the earlier inner musical ear lessons. Choose new material instead, so the experience of sound texture remains fresh and focused. This makes it easier and faster to imagine the notes within this new concept.

If your inner canvas is already filled with string timbre associations for each note, shifting them into sound texture can otherwise feel resistant and overwhelming.



SOUND TEXTURE

HANDS SEPARATE

Sound Texture Singing / Imagination

*Bar-by-bar
across 4-bar blocks*

- Sing the sequence out loud, using sound movement and glissando between each note. If needed, you may lightly touch the key after singing to help stay connected to the pitch.
- Then, imagine the sequence in sound texture, combining liquid resonance, sound movement, and horizontal glissando:
 - Imagine a liquid sound moving in an L-shape—downward and sideways.
 - Glide mentally to the next sound with a smooth glissando.
 - Again, picture the next sound in a liquid texture, moving in an L-shape.
 - Continue the flow with another horizontal glissando toward the next tone.

Sound Texture Playing

4-bar block

- Play with 3D motion and sound imagination.
 - Before you begin, mentally hear the first two notes in a liquid sound texture, guiding them with sound movement.
 - As you play, keep your hands light and relaxed, allowing the imagined sound to shape your motion.

Energy Imagination

4-bar block

- Imagine each note in sound texture, guided by sound movement and glissando, and gently infuse every sound with the energy of your dream.
 - Before blending sound with your true needs, take a moment to tune into how this feels emotionally. Revisit your manifestation lists before practicing to reconnect with the emotions behind your dreams. This shift allows you to move beyond fear or anxiety, and instead creating a sense of peace, fulfillment, and quiet joy in each note you imagine.

Energy Playing

4-bar block

- Play with 3D motion and sound imagination, infusing each note with the energy of your dream.

SOUND TEXTURE

HANDS TOGETHER

Sound Texture Singing / Imagination

*Each Interval or Chord
across 4-bar blocks*

- Sing and imagine the notes of the interval / chord with sound movement, but without glissando. Gradually shorten the time between each note until they sound simultaneously in your mind.
- When it's impossible to sing the interval at once, keep imagining until all the notes sound simultaneously in your mind.
- To stay centered in pitch, you may lightly touch the key after singing.

Sound Texture Imagination

4-bar block

- Imagine the note sequence in sound texture, guided by sound movement and glissando.
- If imagining full intervals at once feels challenging, it's perfectly fine to slightly break them apart in your mind as you build clarity and ease.

Sound Texture Playing

4-bar block

- Play with 3D motion and sound imagination.
- Before you begin, imagine the first two intervals in a liquid sound texture and sound movement.
- As you play, keep your hands light and relaxed.

Energy Imagination

4-bar block

- Imagine each note in a fluid sound texture, guided by sound movement and glissando—and gently infuse every tone with the emotional energy of your dream.

Energy Playing

4-bar block

- Play with 3D motion and sound imagination, infusing each note with the energy of your dream.